

## Winter Menu- 2021-2022

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:30am- 9:00am	Selection of cereals: Weetabix, shreddies, cheerios and rice krispies Fresh water to drink	Toasted fruit loaf  Fresh water to drink	Crumpets with a selection of butter, marmite, and jam Milk or water to drink	Porridge  Milk or water to drink	Homemade cinnamon whirls and raisins Fresh water to drink
Snack 10:15am	Apple slices and pretzels	Kiwi slices and cheesy savouries	Satsuma and breadsticks	Pear slices and cheese straws	Banana and breadsticks
Lunch 11:50am	Homemade minced beef chilli con carne served with green beans	Homemade sweet and sour Quorn and noodles served with mixed vegetables	Roast chicken breast served with new potatoes, peas, and gravy	Homemade tomato and lentil lasagne served with broccoli and garlic bread	Fishfinger katsu curry rice served with green beans and naan bread
	Fromage Frais	Homemade berry sponge and natural yoghurt	Homemade gingerbread loaf and custard	Jelly	Homemade pear sponge and natural yoghurt
Snack 2:15pm	Cucumber slices and Ritz	Mixed pepper slices and tortillas	Cucumber and Ritz crackers	Kiwi and rich tea biscuit	Buttered malt loaf fingers
Tea 3:50pm	Jacket potato with a selection of cheese, tuna mayo or baked beans	Sandwich thins with a selection of chicken, marmite, or jam Cucumber slices Pom bears	Homemade tomato and sweet potato soup served with wholemeal bread triangles	Quorn nuggets served with sweetcorn, mixed pepper slices and homemade ketchup	Homemade roasted cherry tomato pasta served with buttered crusty baguette slices
	Chopped fruit and homemade flapjack Water or milk to drink	Chopped fruit and homemade shortbread Water or milk to drink	Chopped fruit and homemade anzac biscuit Water or milk to drink	Chopped fruit and iced bun finger Water or milk to drink	Chopped fruit and homemade digestive biscuit Water or milk to drink

Please note: Menu will be altered to cater for younger children when appropriate and any special dietary requirements. This would include for allergies, religion, cultural and lifestyle choices.

## Winter Menu- 2021-2022

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:30am- 9:00am	A selection of cereals: Weetabix, shreddies, cheerios and rice krispies Fresh water to drink	Homemade scotch pancakes with a selection of lemon and sugar. Served with raisins Milk or water to drink	Toasted buttered muffins served with green beans  Fresh water to drink	Toast with a selection of butter, marmite, jam, or cream cheese Milk or water to drink	Porridge  Milk or water to drink
Snack 10:15	Kiwi slices and cheesy savouries	Banana slices and breadsticks	Apple slices and pretzels	Pear slices and cheese straws	Banana slices and rich tea biscuit
Lunch 11:50am	Homemade chicken and chickpea curry served with rice, peas, and naan bread	Flaked cod served with new potatoes, sweetcorn, peas, and gravy	Homemade Moroccan lamb served with vegetable garlic couscous and sweetcorn	Homemade three bean and vegetable chilli served with rice, grated cheese, and nachos	Homemade minced beef lasagne served with green beans and garlic bread
	Angel delight	Rice pudding	Homemade jam sponge and custard	Homemade banana loaf and natural yoghurt	Homemade apple and mixed berry crumble served with natural yoghurt
Snack 2:15pm	Cucumber slices and Ritz Crackers	Mixed pepper slices and tortillas	Satsuma and breadsticks	Cucumber slices and Ritz cracker	Mixed peppers and tortillas
Tea 3:50pm	Quorn sausage bites, mixed pepper slices and cherry tomatoes	Two cheese macaroni pasta served with garlic bread	Finger rolls with a selection of tuna mayo, marmite, and jam with a selection of cucumber slices and pom bears	Chicken nuggets served with sweetcorn	Sandwich thins with a selection of chicken, cream cheese, or jam. Cucumber slices
	Chopped fruit and homemade flapjack Water or milk to drink	Chopped fruit and homemade jam tarts Water or milk to drink	Chopped fruit and homemade shortbread Water or milk to drink	Chopped fruit and iced bun fingers Water or milk to drink	Chopped fruit and homemade chocolate brownie square Water or milk to drink

## Winter Menu- 2021-2022

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:30am- 9:00am	A selection of cereals: Weetabix, shreddies, cheerios and rice krispies Fresh water to drink	Porridge  Milk or water to drink	Buttered malt loaf and kiwi slices  Fresh water to drink	Buttered toast served with baked beans  Milk or water to drink	Toasted buttered breakfast waffles  Milk or water to drink
Snack 10:15	Apple slices and pretzels	Banana slices and bread sticks	Satsuma and cheesy savouries	Pear slices and cheese straws	Apple slices and pretzels
Lunch 11:50am	Homemade minced beef spaghetti Bolognese served with green beans	Homemade chicken and leek pie served with new potatoes, mixed vegetables, and gravy	Fish cakes with sweet chilli noodles and sweetcorn	Pasta shells with chicken and broccoli in white sauce served with garlic bread	Homemade vegetable lentil curry- sweet potato, cauliflower, chickpeas served with rice, peas, and naan bread
	Fromage frais	Jelly	Rice pudding	Eve's pudding and custard	Homemade apple and pear crumble served with natural yoghurt
Snack 2:15pm	Pear slices and cheese straws	Mixed pepper slices and tortillas	Cucumber and Ritz Crackers	Kiwi slices and breadsticks	Banana slices and breadsticks
Tea 3:50pm	Sandwiches with a selection of chicken, jam, or marmite Cucumber slices and pom bears	Homemade tomato and basil soup served with wholemeal bread slices	Roasted red pepper and tomato pasta served with flatbread	Sandwich thins with a selection of tuna mayo, cream cheese, or marmite Cucumber slices	Quorn nuggets with sweetcorn, mixed pepper slices and homemade tomato ketchup
	Chopped fruit and homemade flapjack Water or milk to drink	Chopped fruit and homemade sultana cookie Water or milk to drink	Chopped fruit and homemade shortbread Water or milk to drink	Chopped fruit and homemade gingerbread man Water or milk to drink	Chopped fruit and homemade anzac biscuit Water or milk to drink

## Winter Menu- 2021-2022

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:30am- 9:00am	A selection of cereals: Weetabix, shreddie, cheerios and rice krispies Fresh water to drink	Porridge  Milk or water to drink	Crumpets with a selection of butter, marmite, or jam  Fresh water to drink	Toasted fruit loaf  Milk or water to drink	Butter and jam croissants  Milk or water to drink
Snack 10:15	Pear slices and cheese straws	Sultanas and cheesy savouries	Satsuma and breadsticks	Banana slices and rich tea biscuits	Apple slices and pretzels
Lunch 11:50am	Tuna with pasta in a tomato and vegetable sauce served with green beans	Homemade minced lamb shepherds pie served with carrots and gravy	Homemade green Quorn curry and noodles served with sweetcorn	Homemade turkey meatballs in tomato and vegetable sauce served with spaghetti and garlic bread	Jerk chicken served with rice and peas
	Choc ice	Angel delight	Homemade pineapple upside down sponge served with natural yoghurt	Homemade citrus sponge served with natural yoghurt	Homemade apple and mixed berry crumble served with custard
Snack 2:15pm	Cucumber slices and ritz cracker	Mixed peppers and tortillas	Buttered malt loaf fingers	Pear slices and cheese straws	Cucumber and Ritz crackers
Tea 3:50pm	Naan bread tomato and spinach 'pizza' slices served with sweetcorn	Homemade Quorn sausage bites served with vegetable couscous and homemade tomato ketchup	Jacket potato with a selection of cheese, tuna mayo and spaghetti in tomato sauce	Sandwiches with a selection of egg mayo, jam, or marmite Cucumber slices and pom bears	Fishfingers and baked beans
	Chopped fruit and homemade flapjack Water or milk to drink	Chopped fruit and homemade shortbread Water or milk to drink	Chopped fruit and homemade alfajores biscuit Water or milk to drink	Chopped fruit and homemade gingerbread man Water or milk to drink	Chopped fruit and iced bun finger Water or milk to drink